

**Outline Specification for:
Housing Care and Support Services**



Richmond and Wandsworth Councils are planning future Services for adults with a learning disability



We are talking about the support that you receive in your home to help you live independently.



There are lots of things that we think help you to have great support and have a good life



We want to find out if these things are important to you too.



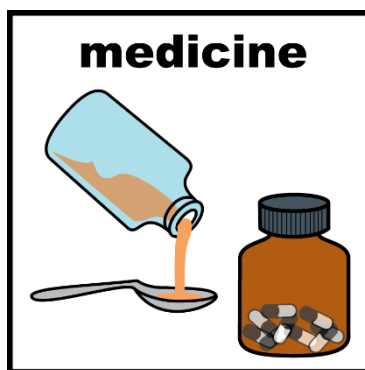
We think it is important that you have a say in your care and support.



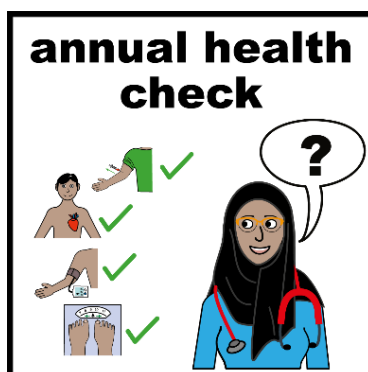
We think it is important that you are supported to stay healthy.



Staying healthy includes helping you to go to see the doctor and other health professionals.



Staying healthy also means you having the right support to take the medications you need.



Having your NHS Health Check is important to keep you healthy.



We think it is important that you have the right support with your personal care.



We think it is important that your home is nice and that you like being there.



We think it is important that you are supported to meet up with people who are important to you.

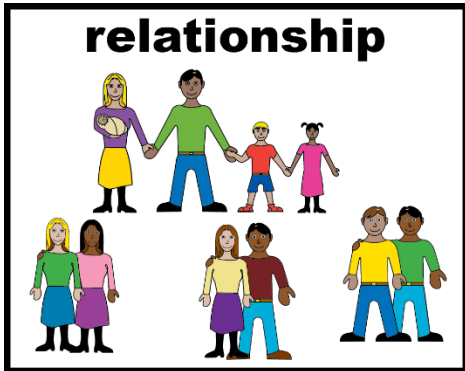


We think that it is important you have the right support to stay in contact with people.

This might be on the phone, through the computer or on an iPad or tablet.



We think it is important that you are supported to take part in things that you like.



We think it is important that you are supported to have romantic relationships if you would like to.



We think it is important that you are supported to be a part of your community.

This might include paid or unpaid work and volunteering.

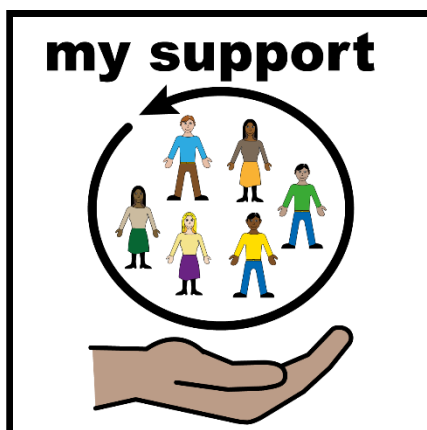


We think it is important that you are respected. This includes being supported to explore your culture and religion.



Sometimes things can happen and you might get upset or angry. We think it is important that staff are trained to support you when things go wrong and you do not feel OK.

Staff should use Positive Behaviour Support to understand why things are difficult and work with you to help you have a good life.



We think it is important that your team help you to feel safe and help you manage your feelings. Your team might help you to understand what you are feeling or help you to get extra support.



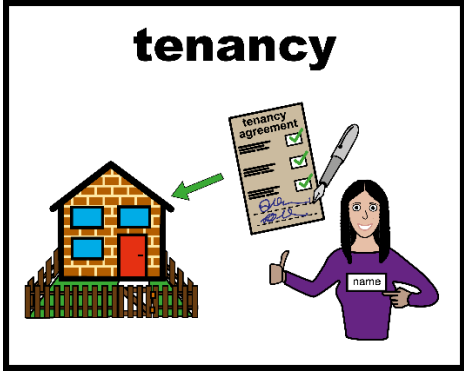
We think it is important that you are supported to stay safe and be treated well by others.



We think it is important that your team try new things that might help you to be more independent.



Assistive technology which has been made to help you do something that you find hard may be useful



A tenancy is an agreement between you and your landlord. Your agreement will say what you can and cannot do in your home. We think it is important that your team help you to understand what your agreement says.



We think it is important that you are told if your support is going to be changing or stopping.