

Young Carers Survey

Responses to this survey: **49**

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Executive Summary

Respondent Overview

A total of 49 responses were collected. The majority of respondents were from the Royal Borough of Kingston upon Thames (72%), followed by the London Borough of Richmond upon Thames (23%). Most respondents identified as parents or guardians of young carers (73%), with professionals making up 22% and young carers themselves 4%.

Young Carer Demographics

Among the young carers discussed:

- 47% were aged 9-11, followed by 31% aged 12-15.
- 75% were caring for a sibling, and 33% for a parent.
- 61% provided care daily, with 22% doing so a few times a week.

Types of Support Provided

Young carers were reported to provide a wide range of support:

- Emotional support was the most common (86%).
- Looking after siblings or other family members (44%), housework (42%), and playing (44%) were also frequent.
- Other tasks included shopping (28%), cooking (19%), helping with communication (22%), and personal care such as dressing and washing.

Service Engagement

- 83% of young carers had accessed services in the past 12 months.
- The most accessed services were:
 - Group activities (83%)
 - Day trips (67%)
 - Mentoring and emotional support (20%)

Services were most commonly discovered through schools (30%) and online (27%).

Impact of Services

- 63% of respondents reported that services had a very positive impact on the young carer's wellbeing.
- 67% noted an improvement in wellbeing, and 50% reported a better quality of life.
- Additional benefits included better social relationships (43%) and improved family dynamics (23%).

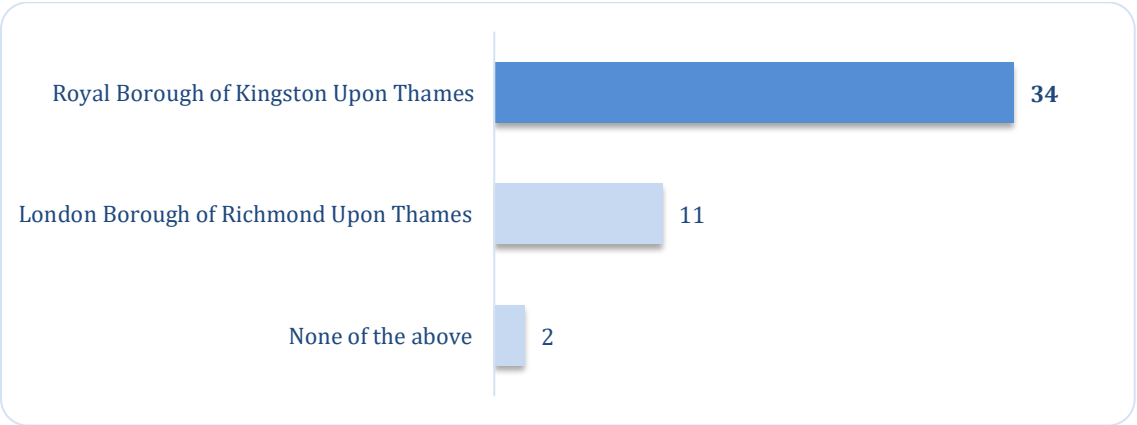
Professional Engagement

- 82% of professionals had referred a child or family to Young Carers Services.
- 67% rated the services as highly useful.
- The most referred services were group activities (67%), day trips (56%), and mentoring/emotional support (44%).

Survey Questions

Where do you live?

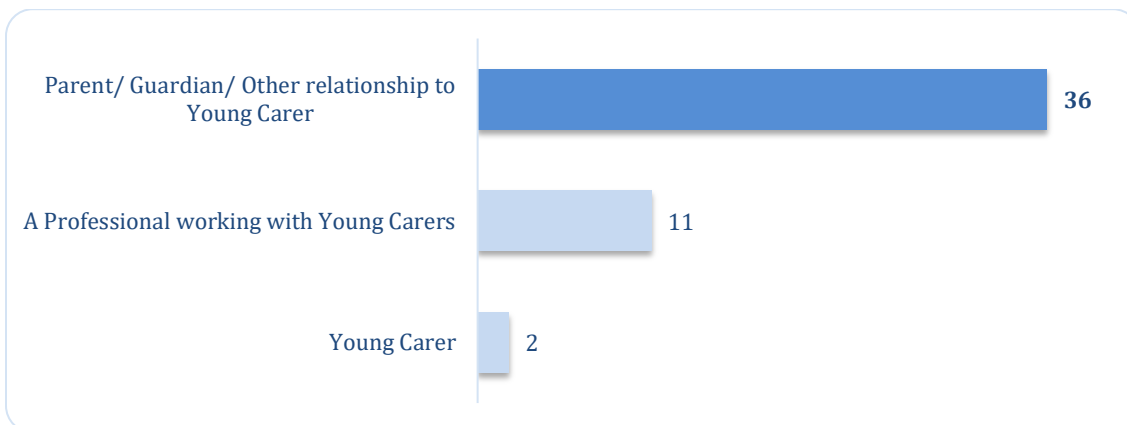
There were 47 responses to this question.



Option	Total	Percent
Royal Borough of Kingston Upon Thames	34	72.34%
London Borough of Richmond Upon Thames	11	23.40%
None of the above	2	4.26%

Which of the following best applies to you?

There were 49 responses to this question.



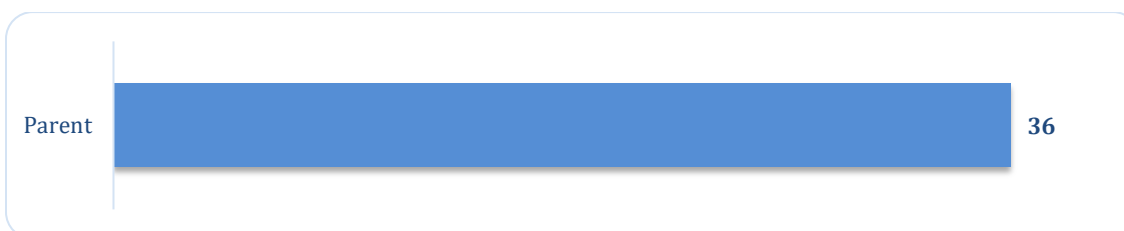
Option	Total	Percent
Parent/ Guardian/ Other relationship to Young Carer	36	73.47%

A Professional working with Young Carers	11	22.45%
Young Carer	2	4.08%

Respondents who selected “Parent/ Guardian/ Other relationship to Young Carer” were directed to the following questions:

What is your relationship to the young carer?

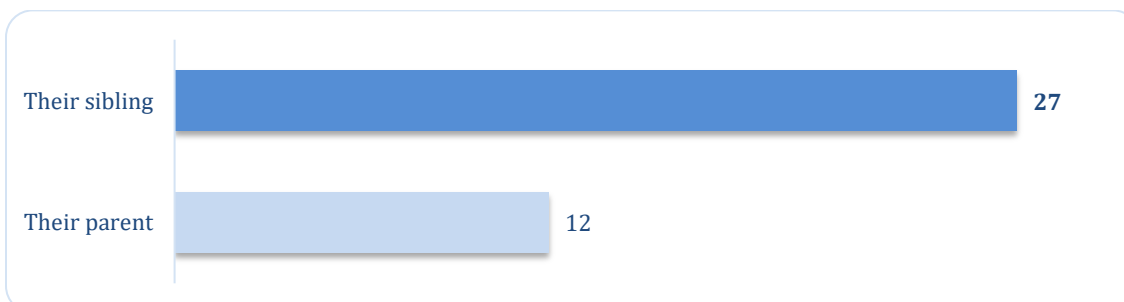
There were 36 responses to this question.



Option	Total	Percent
Parent	36	100.00%
Guardian	0	0.00%
Other family member	0	0.00%
Other, please specify:	0	0.00%

Who is the young carer supporting/ caring for?

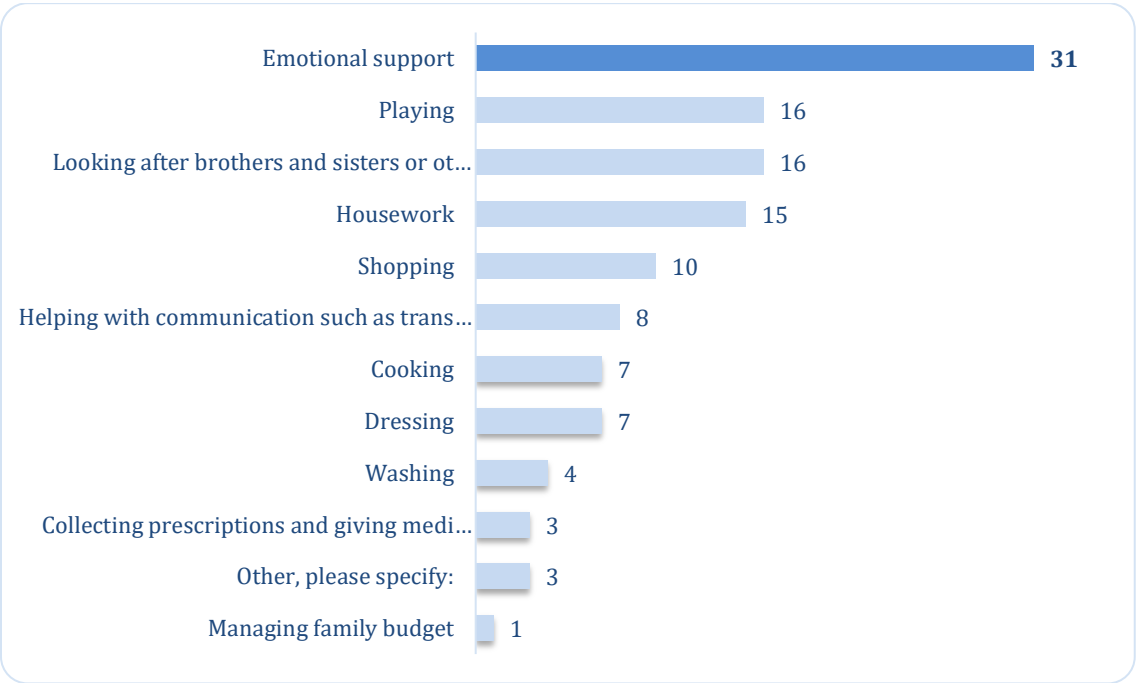
There were 36 responses to this question.



Option	Total	Percent
Their sibling	27	75.00%
Their parent	12	33.33%
Their guardian	0	0.00%
Their grandparent	0	0.00%
Their aunt or uncle	0	0.00%
Other, please specify:	0	0.00%

How does the young carer provide support/ care?

There were 36 responses to this question.



Option	Total	Percent
Emotional support	31	86.11%

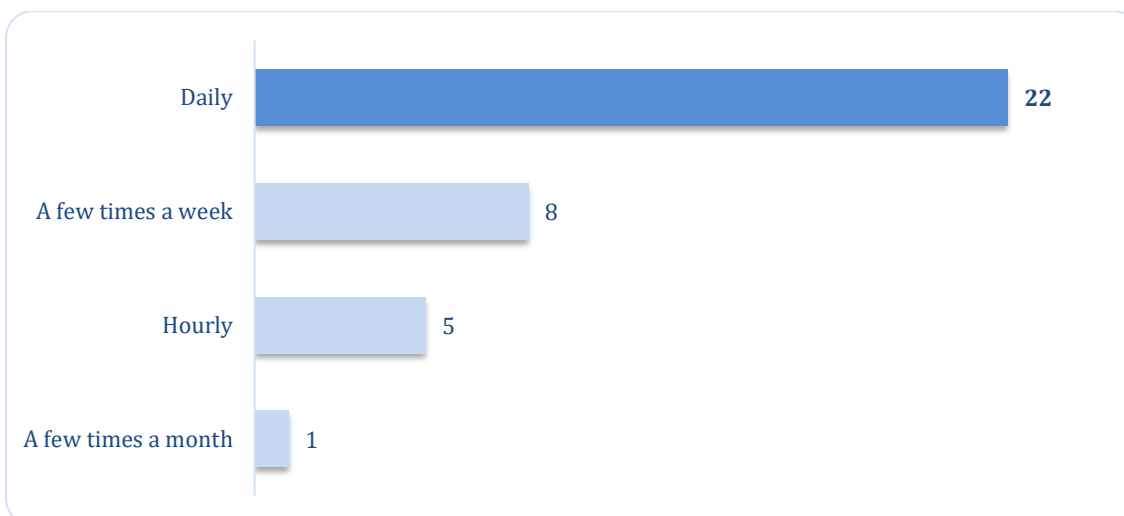
Playing	16	44.44%
Looking after brothers and sisters or other family members	16	44.44%
Housework	15	41.67%
Shopping	10	27.78%
Helping with communication such as translating	8	22.22%
Cooking	7	19.44%
Dressing	7	19.44%
Washing	4	11.11%
Collecting prescriptions and giving medication	3	8.33%
Other, please specify:	3	8.33%
Managing family budget	1	2.78%

Other reason (please specify):

There were 4 responses to this question.

How often does the young carer provide support/ care?

There were 36 responses to this question.

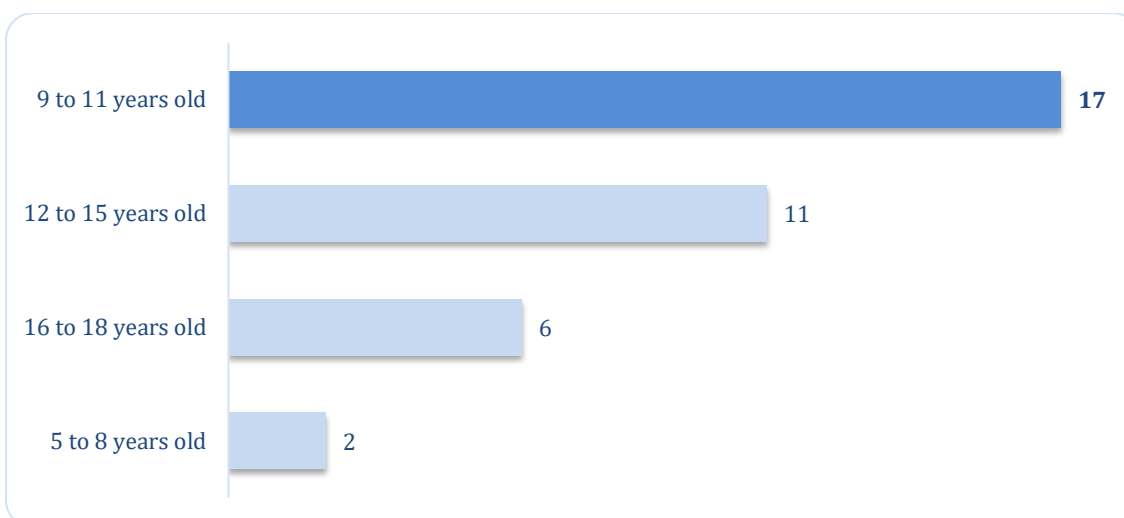


Option	Total	Percent
Daily	22	61.11%
A few times a week	8	22.22%
Hourly	5	13.89%
A few times a month	1	2.78%

Weekly	0	0.00%
Monthly	0	0.00%
Less than monthly	0	0.00%
I don't know	0	0.00%

How old is the young carer you are responding about?

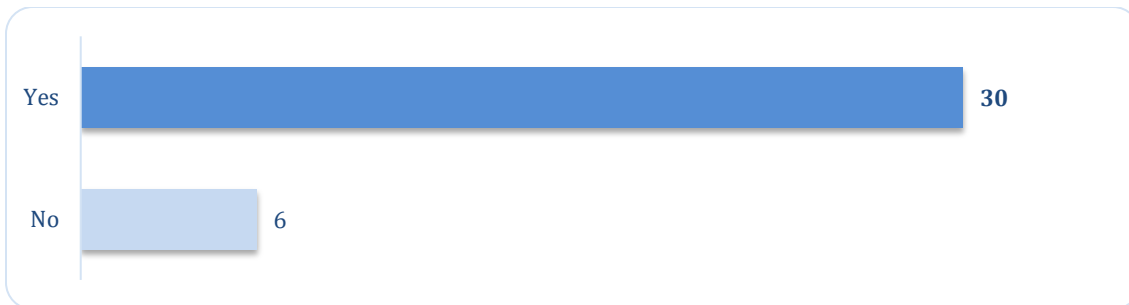
There were 36 responses to this question.



Option	Total	Percent
9 to 11 years old	17	47.22%
12 to 15 years old	11	30.56%
16 to 18 years old	6	16.67%
5 to 8 years old	2	5.56%

Has the young carer used any young carers services in the past 12 months?

There were 36 responses to this question.

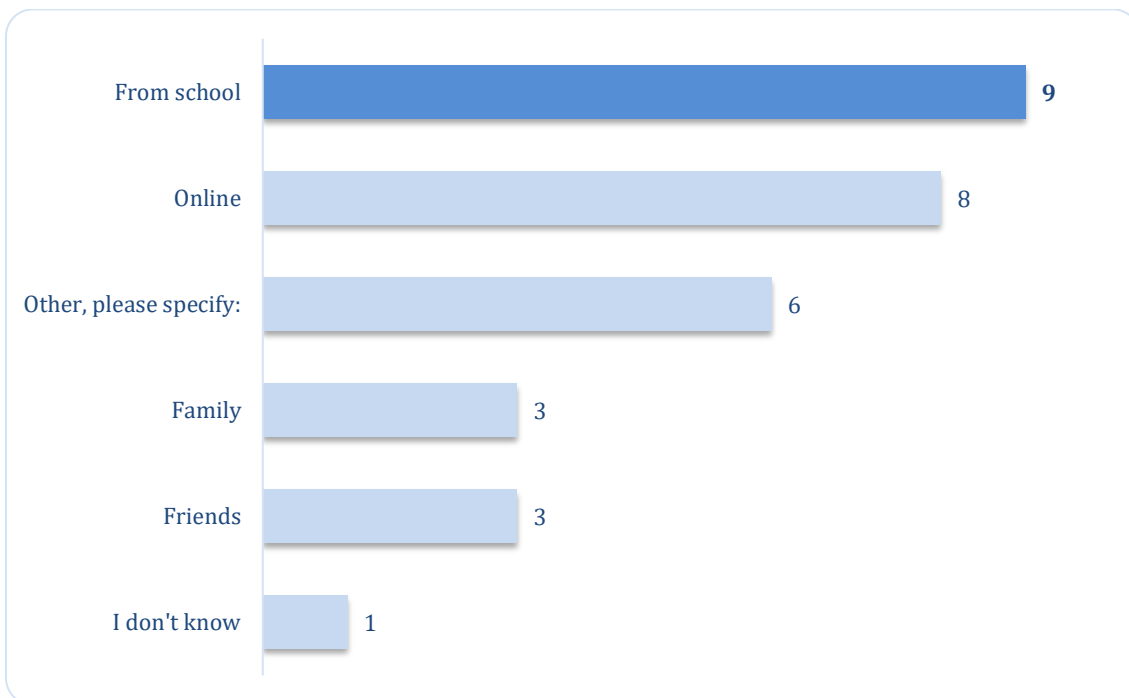


Option	Total	Percent
Yes	30	83.33%
No	6	16.67%
I don't know	0	0.00%

Respondents who selected “Yes” to the previous question were directed to the following questions:

How did the young carer hear about these services?

There were 30 responses to this question.



Option	Total	Percent
From school	9	30.00%

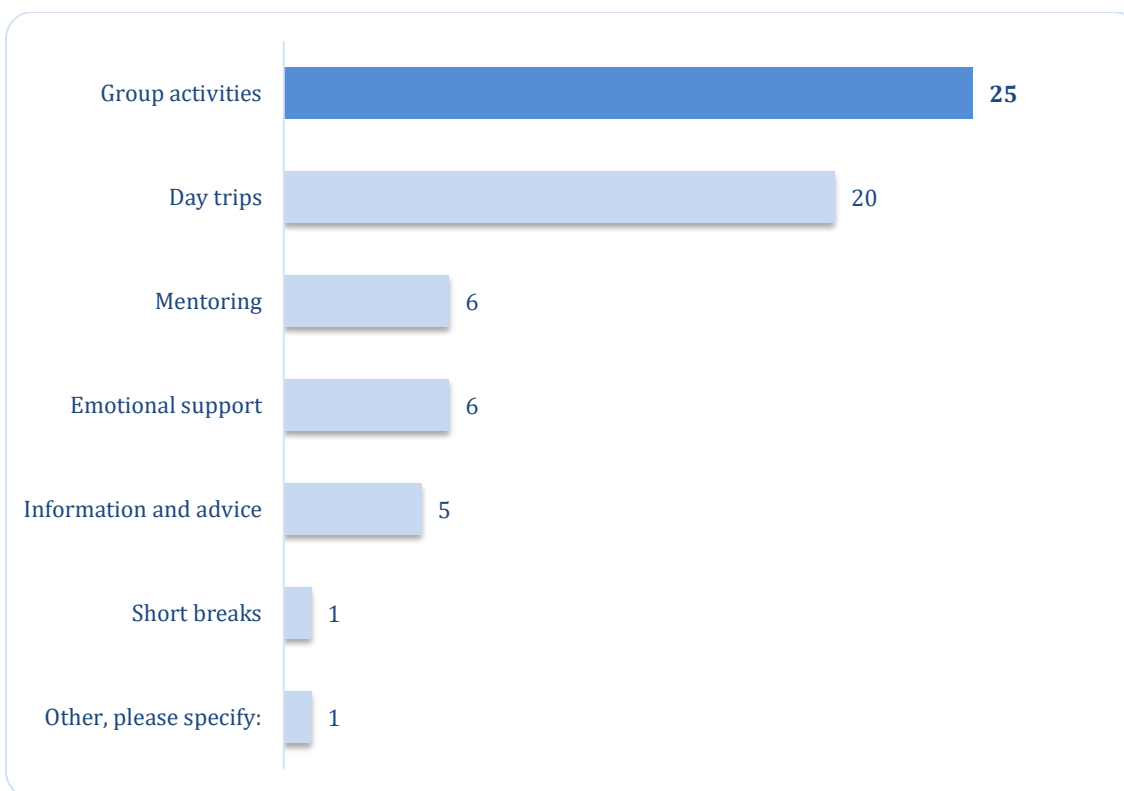
Online	8	26.67%
Other, please specify:	6	20.00%
Family	3	10.00%
Friends	3	10.00%
I don't know	1	3.33%

Other reason (please specify):

There were 7 responses to this question.

Please tell us which services the young carer has accessed in the last 12 months.

There were 30 responses to this question.



Option	Total	Percent
Group activities	25	83.33%
Day trips	20	66.67%
Mentoring	6	20.00%
Emotional support	6	20.00%
Information and advice	5	16.67%
Short breaks	1	3.33%
Other, please specify:	1	3.33%

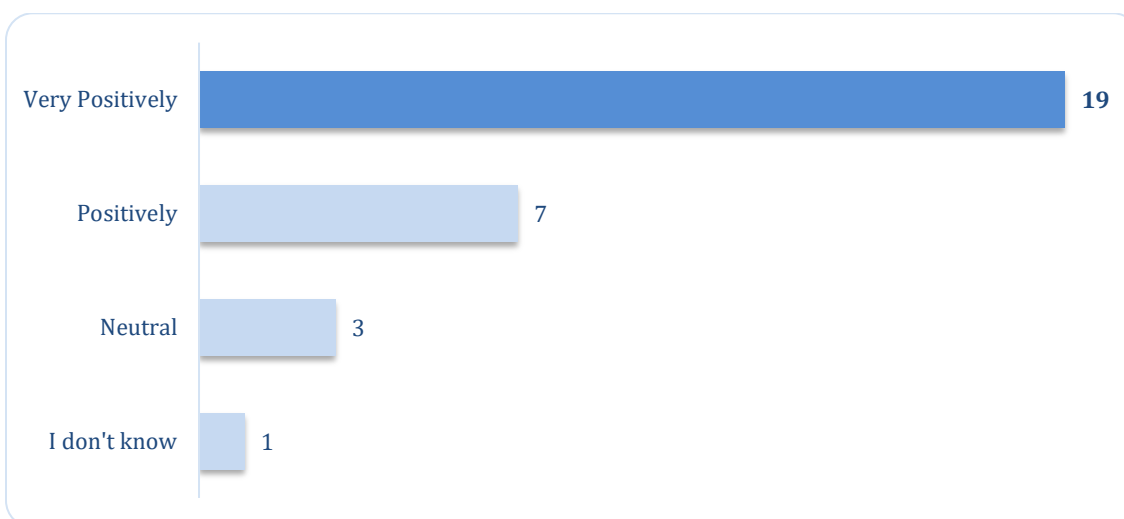
I don't know	0	0.00%
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Other reason (please specify):

There was 1 response to this question.

How has the Young Carers Support Service impacted the well-being of the young carer?

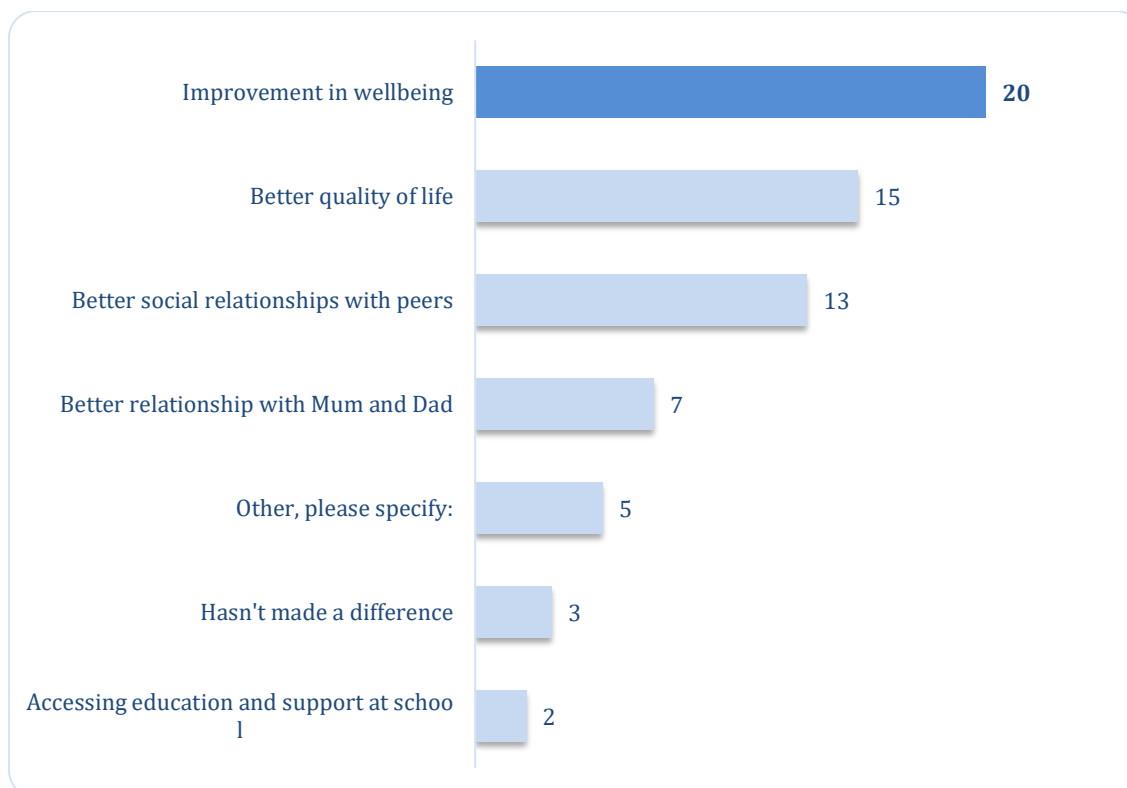
There were 30 responses to this question.



Option	Total	Percent
Very Positively	19	63.33%
Positively	7	23.33%
Neutral	3	10.00%
I don't know	1	3.33%
Negatively	0	0.00%
Very Negatively	0	0.00%

Please describe the difference the service has made to the young carer's life.

There were 30 responses to this question.



Option	Total	Percent
Improvement in wellbeing	20	66.67%
Better quality of life	15	50.00%
Better social relationships with peers	13	43.33%
Better relationship with Mum and Dad	7	23.33%
Other, please specify:	5	16.67%
Hasn't made a difference	3	10.00%
Accessing education and support at school	2	6.67%
I don't know	0	0.00%

Other reason (please specify):

There were 6 responses to this question.

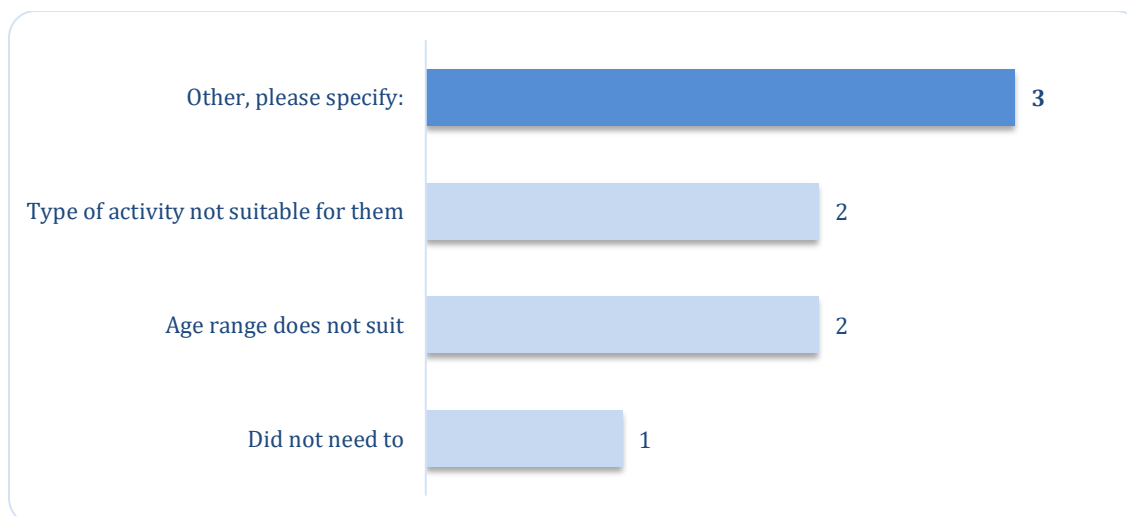
Are there any aspects of the service you would like to see changed?

There were 13 responses to this question.

Respondents who selected “No” in the “Has the young carer used any young carers services in the past 12 months?” question were directed to the following questions:

What has prevented the young carer from accessing Young Carers Services?

There were 5 responses to this question.



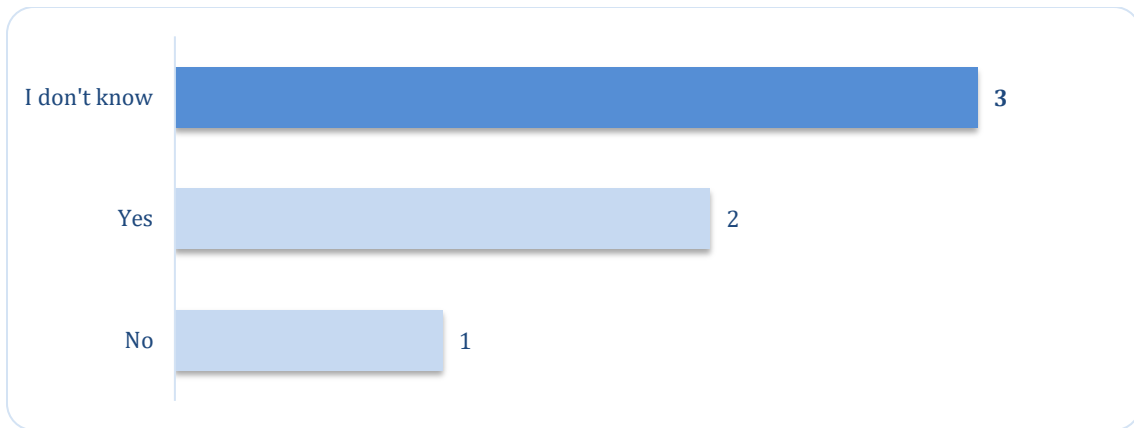
Option	Total	Percent
Other, please specify:	3	60.00%
Type of activity not suitable for them	2	40.00%
Age range does not suit	2	40.00%
Did not need to	1	20.00%
Didn't know about them	0	0.00%
Timing was not good	0	0.00%
Location was hard to get to	0	0.00%
They have additional needs of their own that were not met by the service	0	0.00%
No spaces	0	0.00%
I don't know	0	0.00%

Other reason (please specify):

There were 3 responses to this question.

Would they be interested in accessing them in future?

There were 6 responses to this question.

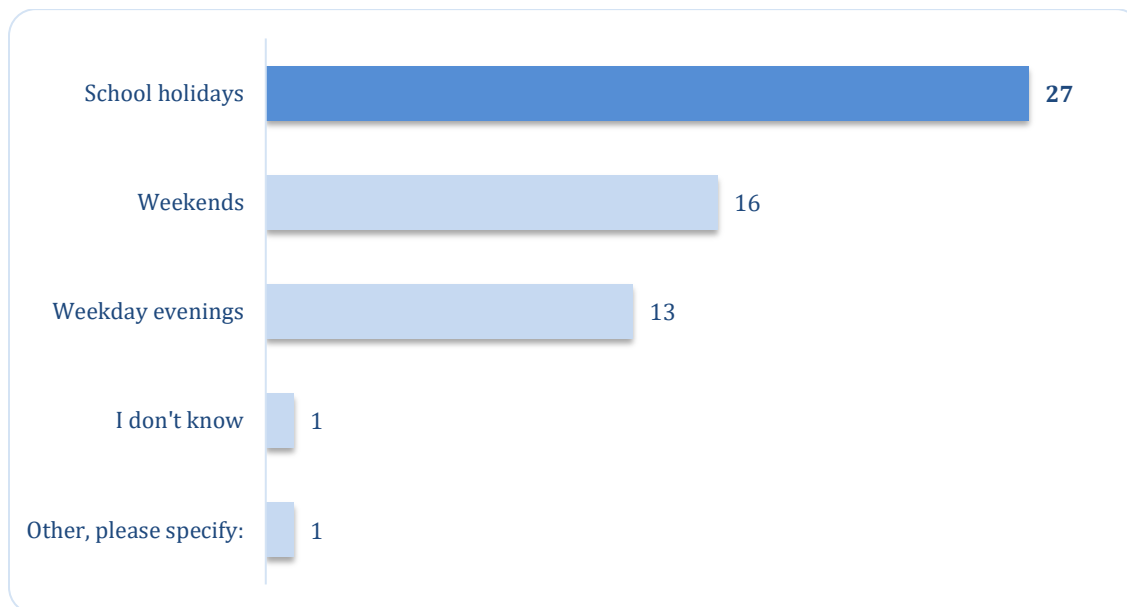


Option	Total	Percent
I don't know	3	50.00%
Yes	2	33.33%
No	1	16.67%

Respondents who selected either “Yes” or “I don’t know” (“Has the young carer used any young carers services in the past 12 months?”) in the Parents/ Guardians/ Other section, were also directed to the following questions after completing the “Accessed services” section.

Which time is best for the young carer to attend Young Carers Services?

There were 32 responses to this question.



Option	Total	Percent
School holidays	27	84.38%
Weekends	16	50.00%
Weekday evenings	13	40.62%
I don't know	1	3.12%
Other, please specify:	1	3.12%

Other reason (please specify):

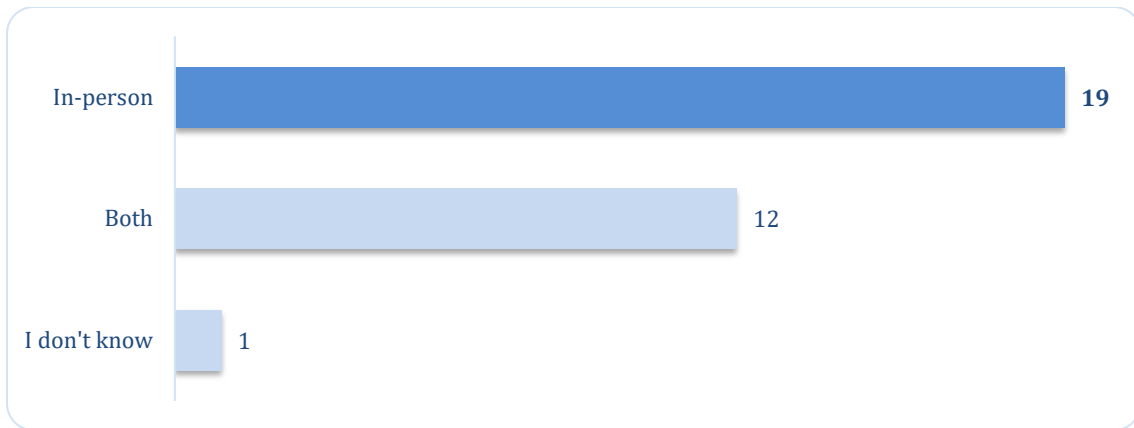
There were 2 responses to this question.

What type of activities would benefit the young carer?

There were 23 responses to this question.

How would the young carer like to access the Young Carers Service?

There were 32 responses to this question.



Option	Total	Percent
In-person	19	59.38%
Both	12	37.50%
I don't know	1	3.12%
Online	0	0.00%

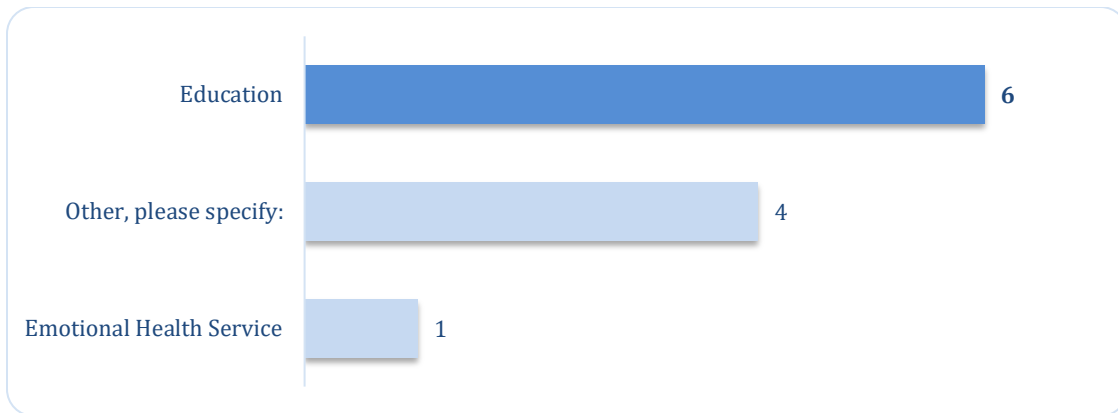
Respondents who selected “A professional working with Young Carers” were directed to the following questions:

What is your role/ job title?

There were 11 responses to this question.

What is your area of specialism?

There were 11 responses to this question.



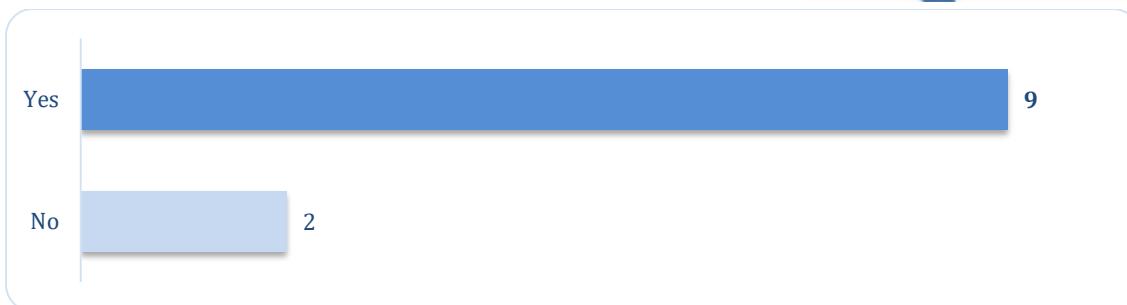
Option	Total	Percent
Education	6	54.55%
Other, please specify:	4	36.36%
Emotional Health Service	1	9.09%
Children Services	0	0.00%
Early Help	0	0.00%
Youth Work	0	0.00%
Participation Team	0	0.00%

Other reason (please specify):

There were 4 responses to this question.

Have you referred any child, young person or family to any Young Carers Services in the past 12 months?

There were 11 responses to this question.

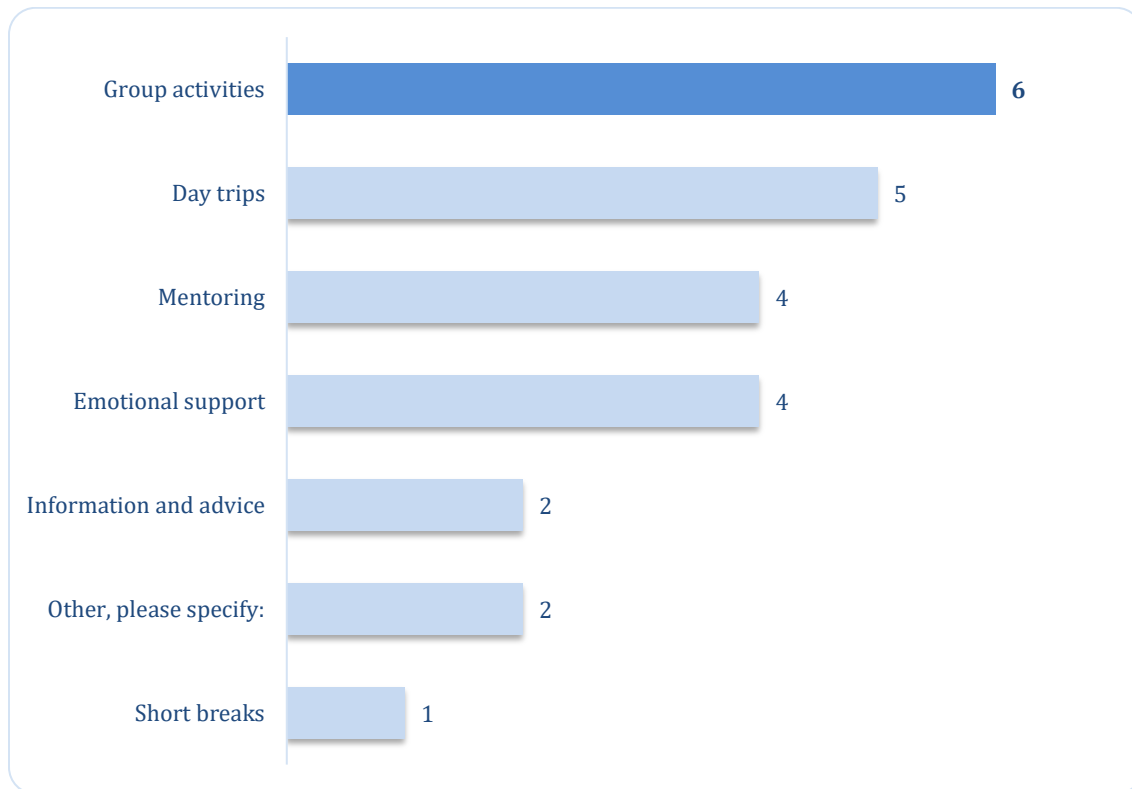


Option	Total	Percent
Yes	9	81.82%
No	2	18.18%
I don't know	0	0.00%

Respondents who selected “Yes” to question: “Have you referred any child, young person or family to any Young Carers Services in the past 12 months?” were directed to the following questions:

Which of the following Young Carers Services have you referred children, young people or families to in the last 12 months?

There were 9 responses to this question.



Option	Total	Percent
Group activities	6	66.67%
Day trips	5	55.56%
Mentoring	4	44.44%
Emotional support	4	44.44%
Information and advice	2	22.22%
Other, please specify:	2	22.22%
Short breaks	1	11.11%

Other reason (please specify):

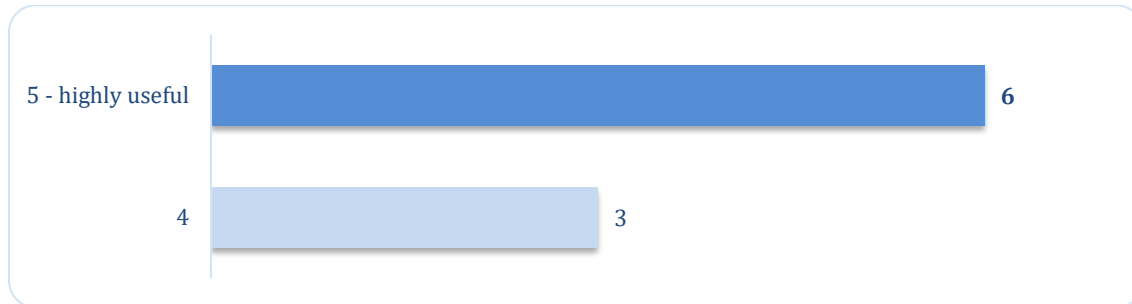
There were 2 responses to this question.

If you selected 'information and advice', please tell us what kind:

There were 2 responses to this question.

How useful do you think the current Young Carers Services are to the young people and families that you support?

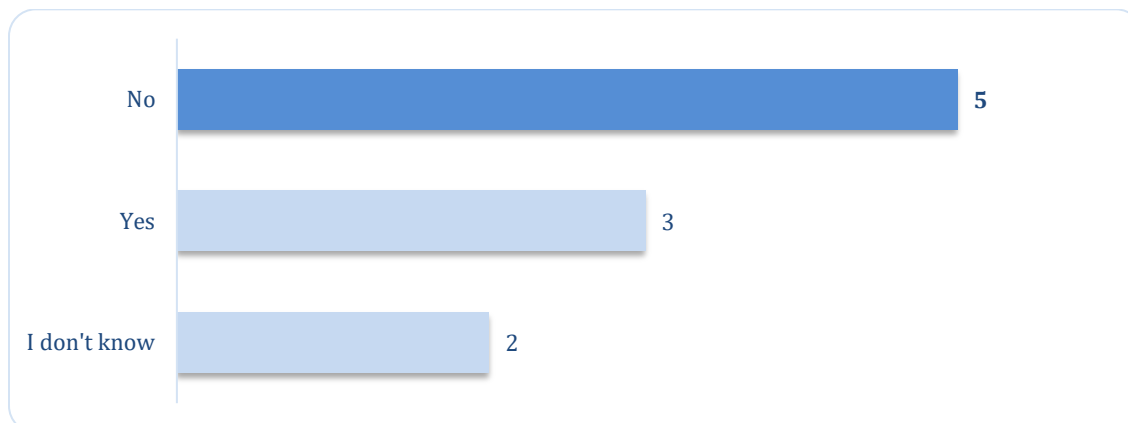
There were 9 responses to this question.



Option	Total	Percent
5 - highly useful	6	66.67%
4	3	33.33%
3	0	0.00%
2	0	0.00%
1 - not useful at all	0	0.00%

All respondents in the “Professionals” category were then directed to the following question:

Have you ever tried to refer a young carer to Young Carers Services and been unsuccessful?

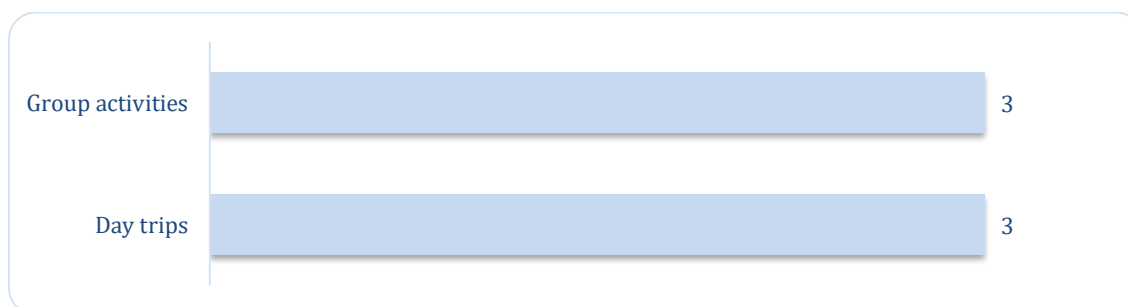


Option	Total	Percent
No	5	50.00%
Yes	3	30.00%
I don't know	2	20.00%

Respondents who answered “Yes” were directed to the following questions:

Which service were you unable to access?

There were 3 responses to this question.



Option	Total	Percent
Group activities	3	100.00%
Day trips	3	100.00%
Information and advice	0	0.00%

Mentoring	0	0.00%
Emotional support	0	0.00%
Short breaks	0	0.00%
Other, please specify:	0	0.00%

Please tell us why.

There were 3 responses to this question.

All respondents in the “Professionals” category were then directed to the following questions:

Do you have any ideas for how future young carers services should be shaped to best support children, young people, and families, or anything we should consider when recommissioning?

There were 10 responses to this question.

If you have any further comments about the Young Carer's Service, please tell us here.

There were 29 responses to this question.